AMEDD Enlisted Commissioning Program Guidelines For ARMY Enlisted Personnel



Academic Year 2011



SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

1) Facts.

The AMEDD Enlisted Commissioning Program (AECP) provides eligible Active Duty / Reserve / National Guard Army SOLDIER's with the opportunity to complete a Bachelors of Science in Nursing (BSN) and then receive a commission in the Active Duty component of the ARMY Nurse Corps. Participants continue to receive their full enlisted pay and allowances while in the program for up to 24 consecutive months of enrollment. This program funds academic costs of up to \$9,000 per academic year. Participants are also eligible for a \$1,000 per year, reimbursable book allowance. The use of the MGI Bill is not authorized while in the AECP. Participants are also eligible for a full cost move to their school of acceptance if necessary.

Application deadline for FY 2011 is 1 February 2010. The selection board will held 11-13 May 2010. Exceptions for late applications will be considered only for deployed (OCONUS) or stationed overseas (OCONUS) soldiers.

2) Eligibility.

- **a.** Must be an enlisted member of any component in the ARMY with a **minimum of 3 years** active military service and **no more than 17 years** of Active service (at time of commissioning). The waiver authority for minimum Time in Service (TIS) is the ARMY Nurse Corps. Reserve and National Guard component soldiers must have less than 15 years of service and be MOS qualified at the time of application. Activated, Mobilized and IRR soldiers are not eligible to apply to this program.
- b. Active Component soldiers as part of their application must obtain a conditional release from their Branch Manager at Human Resources Command (HRC) prior to the board convening. The soldier must provide verification in writing to the AECP Manager that Human Resources Command was contacted and that their Branch has approved the conditional release. Note Career Management Field (CMF) 68 series soldiers are exempt from this requirement. IMPORTANT: If the soldier receives CONUS/OCONUS PCS orders while applying to AECP then the soldier MUST CONTACT their respective MOS branch manager at Human Resources Command. The soldier may also provide Human Resources Command with the AECP Manager's e-mail address (AECP@usarec.army.mil) and phone number (502-626-0381) for HRC's verification.
- c. You must be within no more than 9 hours of the Math and Science prerequisites remaining before boarding in May and no more than 12 hours of total pre-requisites. If accepted by the selection board for participation in AECP and you receive your Unconditional Letter of Acceptance then you must be within 24 consecutive calendar months or less (non-waiverable) of obtaining a nursing degree (either Bachelors of Science in Nursing (BSN) in a program that is accredited by the National

Accrediting Commission (NLNAC) and/or the Commission on Collegiate Nursing Education (CCNE) (non-waiverable). The academic and clinical curriculum must be in English and prepare graduates for the NCLEX-RN licensure exam. <u>All</u> lower division pre-requisite classes (i.e. English or foreign languages, Biology, Math, Humanities, World Literature, History, etc.) must be completed prior to entry into the AECP.

All course work must be in classroom setting. Online programs are not authorized.

- d. Applicants will not be considered if currently attending or scheduled to attend MOS training as a result of an approved reclassification or reenlistment contract. However, if scheduled to attend training, soldiers may request cancellation of a voluntary reclassification or waive the reenlistment contract IAW AR 601-280. You must extend or re-enlist to have at least 60 months of time remaining on Active Duty once orders are received to start in AECP at your chosen university. Soldiers will retain their current rank/pay grade (unless promoted while in AECP) until commissioning. Participants that are in a promotable status and their promotion sequence number or cutoff score is reached may be promoted while in the AECP. All AR, ARNG and AGR applicants will have a grade determination done by HQ USAREC prior to MEPS processing.
- **e.** Applicants <u>must have</u> a <u>General Technical (GT) Score of a 110 or above</u> on the ASVAB. (Non-waiverable) SM must ensure that the most current score is reflected on their Enlisted Record Brief (<u>ERB</u>).
- f. All applicants, regardless of degree status, must take the Scholastic Aptitude Test (SAT) within five years of the fiscal year of application (1 Feb). The minimum score must be 500 in both the Critical Reading and Math areas. The SAT may not be substituted with another college aptitude exam, i.e. GRE, MCAT, or ACT. The Scholastic Aptitude Test (SAT) Version One -- Official scores will be sent directly to HQ, USAREC, ATTN: RCHS-AN-AECP, 1307 Third Avenue, Fort Knox, KY 40121-2726 by entering the code "3994" on the SAT test form. The SAT must be taken early enough to ensure receipt of results (NLT 1 May 10) Allow a minimum of 8 weeks for the College Board to grade the examination schedule the examination NLT 1 Feb 10. Army Education Centers can assist with the completion of the SAT requirement and in many cases offer the examination for free.
- g. The AECP Program Manager will initiate final Human Resources Command clearance for all selectee's and alternates. Human Resources Command will provide final authority for AECP selectee's to start full time study. You must complete the mandatory service remaining requirement (SRR) for MOS training prior to attending the AECP Program. Human Resources Command Enlisted Branch Managers and Reclassification section may defer school attendance up to one year for those soldiers whose release would compromise Army readiness. You should have a minimum of 12 months time on station (TOS) before starting school. Until placed on orders the selection for participation in AECP does not preclude, prevent or prohibit personnel actions being taken by HRC i.e. deployments, PCS, etc.

h. The AECP applicant must be:

- 1. Eligible for appointment as a Regular ARMY commissioned officer under the provisions of AR 135-100 and AR 135-101.
- 2. Medically qualified for commissioned officer appointment IAW AR 40-501, Chapter 2 and in compliance with the height/weight requirements of AR 600-9. If required, a current "Body Fat Content Worksheet" will be included (certified true copy reviewed by the physician performing the physical).
- 3. The physical exam must be a <u>Commissioning Physical IAW (Chapter 2) of AR 40-501</u>. This differs from a Retention Physical. (Please provide this section of the guidelines to the physician performing the Chapter 2 Physical).
- 4. You **MUST** maintain medical eligibility, both before and after the board as well as during school enrollment and before commissioning. Pregnancy or other changes in physical status **MUST** be reported to the AECP Program Manager immediately prior to receiving orders. Pregnancy or other changes in physical status during the program **MUST** be reported to the AECP Program Manager **immediately**. Changes in physical status may require a new Commissioning Physical.
- 5. Any applicant that will be over the age of 32 at time of commissioning will require an age and an age-in-grade waiver. See example of MFR to request these waivers under Appendix C Tab 1.

3) School Selection / Acceptance.

a. Prior to starting school, you must be accepted (UNCONDITIONALLY) to at least one college/university BSN program that meets all specified criteria (sections 2c and 3b. Classes may start any time during FY 2011 (1 October 2010 – 30 September 2011.). This generally means that the earliest you will be able to start school will be after 1 January 2011. You must apply to at least three schools. It is recommended that you apply to more than three schools in order to increase your chances of being unconditionally accepted. If you are unable to obtain an UNCONDITIONAL letter of acceptance you may forfeit your favorable selection status. Program success and tuition cost must be key criteria for school selection and most schools will honor in-state tuition when located in the student's state of legal residence or current domicile. Depending on the state's military agreement, your current domicile may be confused as Texas since you will be assigned at the AMEDD Student Detachment (Ft Sam Houston, TX) with duty at your college/university of choice. You must ensure that the college/university understands that you should qualify for in-state tuition. Schools in Alaska or Puerto Rico must be preapproved by the Program Director for the AECP, DHET, FT Sam Huston, TX.

The AECP selectee may be re-directed to attend a school other than their primary choice by the AECP Program Manager and/or AECP Program Director.

b. ARMY funding for tuition will not exceed \$9,000 per academic year (no exceptions). Additionally, you are not authorized to privately fund tuition cost above the \$9,000. The university must provide a letter of understanding to waive the cost of tuition above the \$9,000 in order for you to attend the school. The GI Bill also, is not authorized for use during AECP participation.

You are required to maintain full-time student status during each semester and during the summer with your respective school completing required courses. All classes must be in residence (No Online classes)

- **c.** The selected school must be accredited by an agency recognized by the U.S. Secretary of Education. The two accrediting agencies are the National League for Nursing Accrediting Commission (NLNAC) and the Commission on Collegiate Nursing Education (CCNE).
- d. Students who are not enrolled in required classes (not filler classes) during the summer will be attached to local Military Treatment Facilities (MTF's) until the start of the new semester. The attachment orders will be coordinated through the AECP & ANCP Program Director, Fort Sam Houston, TX. The student can research and ask if an organization will accept them however; the Director of the AECP, ANCP Programs at Fort Sam Houston, TX will make the final decision. If you choose to take filler classes to maintain full time status during the summer then it will be at your expense. The AECP program will not pay for classes that are not required for conferral of the nursing degree.
- e. Applicants must have a minimum of a 2.5 GPA overall (non-waiverable), and a minimum 2.5 GPA (non-waiverable) in math and science (combined). These classes tend to "vary" with each school. The AECP Program does not govern what each school's prerequisites will be. The following courses are required at most nursing schools prior to enrollment into the upper division BSN program:

Math/Statistics - 6 hours
Natural Sciences - 23 hours (Anatomy and Physiology, Chemistry w/lab, Micro-Biology w/lab)
Social Sciences - 9 hours (Psychology/Sociology/Growth and Development)
English - 6 hours (must include English Comp)
Humanities - 3 hrs (Literature/Philosophy)
History - 6 hours

f. Applicants <u>must be within 12 Semester Hours (SH) or less</u> of meeting all prerequisites required; to attend their selected school at the Junior level in order to apply for the AECP. The best candidates have 9 SH or less remaining at the time of

application to the AECP. In order to receive orders to attend school you must have an unconditional letter of acceptance no less than 60 days prior to the semester start date of your full-time classes and be able to complete a BSN degree within 24 calendar months. If the unconditional letter is not received and you are not able to start classes in the FY for which selected, your "select" status may be forfeited and you may be released back to HRC and your Branch for immediate availability to PCS or deploy (as applicable). If a school grants conditional acceptance for anything other than completion of prerequisites then you should seek acceptance at another school.

4) STEP # 1 AECP Application Assembly:

- a. All forms can be found online at the AECP web site. Alert the AECP Manager if you have difficulty opening the forms. The Program Manager will not mail out application forms.

 E-mail the AECP Manager your intent to apply along with a DA form 61 complete and digitally signed using the Common Access Card (CAC) to AECP@usarec.army.mil. Do not e-mail any other documents with the DA 61.
- b. All forms will be filled out electronically (Typed on computer), digitally signed and sent as a hard copy when the application is complete. The DA 61 must list all schools that you have attended. Transcripts should be requested at this time for each of those schools. The school may be carried over into the page 3 remarks if needed and schools listed must match those listed on the UF 1235.
- **c.** <u>DA Form 61 (application for appointment)</u> Must complete the following Item #'s 1,2,6, 7,8,9a,9b,10,11,12,13,14,15,16,17,18,19,20 a-c,21a-e,22,23a,24,25,26,27,28,30,31 a-e,32,33, 38 and 41. Digitally sign the DA 61 using CAC and date bottom of page #3, block 42. Ensure that you pay close attention to detail IAW the example provided within this document. Ensure that you list all dates of service from other branches or if you have breaks in service from the ARMY. The entries must match your DD 214's and/or NGB 22's. The DA 61 may be downloaded from the AECP web page at <u>www.usarec.army.mil/aecp</u>.

See example Appendix (A)

5) <u>Step # 2 Pre Board - Application Documents</u>

- **a.** Application QC Check list USAREC form 1276. This is to be placed in front of Tab #1. These forms will be found on the AECP web page at: www.usarec.army.mil/aecp.
- b. The UF 1276 Will be filled out electronically (Typed on computer), digitally signed by both the applicant and the verifying Officer O-3 and above for those applicants in the grade of E-6 or below. Senior NCO's in the grade of E-7 or above may sign for themselves as both applicant and verifier. See example Appendix (B)

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TAB # 1

- **a. DA Form 61** See page 6 paragraph 4c of this document for instructions on how to complete this form.
- b. PHYSICAL EXAMINATION Applicants must submit a COMMISSIONING PHYSICAL IAW AR 40-501, Chapter 2; Physical must be completed using the forms DD 2807-1 and DD 2808 (include all lab results). The physical must be less than two (2) years old at the time of the board. If you have a permanent profile that requires a waiver it needs to be submitted early in the process to allow time for approval/disapproval. Another physical examination may be required while attending school, and/or upon graduation if there are any changes in physical status (to include pregnancy). Changes in physical status must be immediately reported to the AECP Program Manager immediately.
 - 1. If you are found during your physical to be disqualified, type up a Memorandum for Record (MFR) that states clearly what your condition is and whether or not it impairs your performance in your current job and whether or not it would impair your ability to function as a Nurse and that you are requesting a waiver to the disqualifying condition. Include all supporting consultation, physicians' recommendation and labs.
- c. Also, include any MFR's under Tab 1 as required for requesting waivers for Law violation (See item #26 of the DA Form 61 Yes answers), Age, Age-In-Grade and Time in Service.

Tab #2

- **a. <u>LETTER OF PURPOSE AND INTENT</u>** This brief but important letter is your only opportunity to directly address the members of the selection board. The letter permits you to provide information not contained elsewhere in the application, to clarify or amplify application documents, and to explain your particular qualifications for AECP. The letter should be no more than one page in length, typed single spaced, and should address the following:
 - 1. Name, SSN, and request to be selected into the AMEDD Enlisted Commissioning Program (AECP).
 - 2. A brief statement expressing why you should be considered and an explanation of why you want to be an ARMY Nurse.
 - 3. Pick three of the "ARMY Values" that are important to you, why they are important to you, and how you excel in them.
 - 4. Closing paragraph.
 - 5. List the colleges you wish to attend in order or preference (Minimum of 3) and briefly explain why you chose each college.
 - 6. <u>List all prerequisite courses remaining</u> and when you plan to complete these Pre-requisites (be precise).
 - 7. Any other pertinent information that the board should know.
 - 8. Write your letter using active voice.
 - 9. Have your letter reviewed by at least 3 other people.

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Tab # 3

- a. <u>USAREC Form 195</u> (UF 195) will be used in place of a handwritten or typed Letter of Recommendation. Two (USAREC 195's) are required at a minimum for Soldier's in non-AMEDD organizations but no more than 5 will be accepted. Each (USAREC 195) must address your duty performance, competency, oral and written communication skills, motivation, character, maturity, potential for successful completion of training, and your potential as an officer and leader. Any scores of 5 or lower must be addressed in the Additional Remarks/Comments USAREC195 by the person completing it.
- b. The best (USAREC 195) evaluates the soldier during the preceding 12 months. It is highly recommended that the (USAREC 195) be the last action done before the packet is sent to the AECP Program Manager.
- c. UF 195 is required from the following individuals:
- 1. Company Commander.
- 2. Immediate Supervisor.
- **3.** Chief Nurse "or a person designated by the Chief Nurse" (required for all 68 series assigned to an AMEDD organization and "highly encouraged" for all other MOS's).
- 4. Others "no more than two (2)".
- 5. All UF 195's should be filled out electronically (Typed on computer) and digitally signed.
- 6. You should provide each (USAREC 195) author with a copy of your application to assist in writing an objective recommendation.

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Tab #4

a. ONE COMPLETE SET of OFFICIAL TRANSCRIPTS: You must provide "Official Transcripts" for ALL undergraduate and graduate courses for inclusion in the application. Ensure name changes are noted on the DA 61 if transcripts are in former names. Transcripts stamped "Issued to Student" must be in a sealed envelope from the school. Transcripts in languages other than English must be translated prior to submission. A transcript showing grades for courses in progress at the time of application should be forwarded for inclusion in the application packet. It is your responsibility to ensure that official transcripts are stamped as official and are submitted with your application in sealed envelopes unopened and placed under tab #4.

(Transcript should ONLY be sent forward separately of packet by deployed or OCONUS stationed soldiers. All others will be sent up with the completed packet).

b. AMEDD Academic Worksheet UF 1235

- 1. Fill out completely and electronically (typed on computer).
- 2. List <u>all</u> schools <u>ever</u> attended. Must match with information listed on the DA 61 section 21c.
- 3. List all grades to include any "F", "U" grades or "WF" grades...
- 4. <u>Do not list ACE</u>, AARTS recommendations or Military Training as classes on the UF1235. Unless, your college has specifically awarded you credit for these on a transcript.
- 5. Calculate each section separately and place that calculation in the total block at the bottom of each section using the GPA calculator at: http://pages.cs.wisc.edu/~xiyang/gpacalc.html
- 6. Calculate your overall GPA, using the same GPA Calculator including all grades.
- 7. Calculate your Math and Science combined GPA, using only classes from Parts B, C and E of the UF 1235.
- c. <u>Copy of SAT scores</u>. Results must not be more than 5 years old from date of board. Applicants are required to have a score of 500 or better in both the Math and Critical Reading (verbal) sections. This is required regardless of previous degree status. The SAT may not be substituted with another college aptitude exam, i.e. GRE, MCAT, or ACT. Allow a minimum of 8 weeks for the College Board to grade the examination schedule the examination NLT 1 March 2010.

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Tab # 5

a. AKO RECORDS

- 1. Applicants in the rank of **SGT or above** must submit copies of their last **three** evaluation reports (NCOER's).
- 2. A copy of all DA 1059's (Service School Evaluation Report) that you have received.
- 3. A copy of your **last 3 awards** (Submit only the award certificates not the DA 638's unless the award was downgraded from a higher award).
- 4. Include all prior service records i.e. DD 214 and/or NGB 22 from all branches of service (if applicable) or if you had a break in service from the ARMY.
- 5. You may also include any other pertinent certifications i.e. EFMB, Combat Life Saver Course Certificate, BCLS, ACLS, etc.

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Tab # 6

- a. Enlisted Review Brief (ERB) or (2-1/2A) PERSONNEL QUALIFICATION RECORD
 The soldier MUST REVIEW the ERB for accuracy. Look closely at awards, decorations, and dependent/marital status, education level, etc. especially if in a dual military status. The Military Personnel Office (MILPO) must certify it as a true copy. Applicant must also, sign this copy to verify its correctness. Ensure that an updated DA photo is on the ERB for E-6's and above. USAR/ARNG soldiers will need to submit their 2A/2-1 if the ERB is not available.
- b. <u>DA Photo</u> All soldiers regardless of rank will obtain a hard copy of their DA photo and affix it to a blank sheet of paper. Deployed soldiers, in areas where no DA Photo facilities exist may, take a 34 length photo in ACU's in place of the Dress Green uniform. Deployed soldiers utilizing this option must not wear headgear, body armor, LBV, rucksacks, weapons, etc. in their photo. Ensure that all authorized skill tabs or badges are also worn on the ACU's i.e. EFMB, Airborne, Air Assault, Recruiter/Drill Badge, etc.
- **c.** <u>Curriculum Vitae (Resume)</u> Must be typed and list all applicable data prior to joining the ARMY as well as while serving to include any prior service.
- **d.** APFT Card DA 705 Have passed the standard Army physical fitness test during the FY of application. A record APFT signed and verified by the CDR or 1SG with a date no earlier than 1 OCT 09 must be submitted with the application. All items must be completed to include Height, Weight and Body Fat if applicable. If Body Fat is shown then must also provide either DA 5500 or DA 5501 as appropriate.

Tab #7

- **a.** <u>DA FORM 4187 PERSONNEL ACTION</u> Enter "AMEDD Enlisted Commissioning Program" in section III, item #8 under "other". The applicants "YOUR" <u>Battalion Commander</u> must sign this form with a signature date <u>within 6 months</u> of application deadline. "To" block will have the following: CDR, HQ, USAREC, 1307 Third Ave, Fort Knox, KY 40121. The "Remarks" section must contain the following information:
 - 1. Applicants "YOUR" current Height and Weight IAW AR 600-9. Include "Body Fat Content Worksheet" results, if applicable.
 - 2. Applicants "YOUR" APFT results (pass or fail) and date within the preceding 6 months.
- 3. Previous participation in <u>ANY</u> commissioning program (ROTC, OCS, IPAP, etc) and reason for inability to complete the program.
- 4. DA 4187 will be filled out electronically (Typed on computer) and digitally signed by both the applicant and the Battalion Commander.
- b. <u>DD form 368 REQUEST FOR CONDITIONAL RELEASE (Reserve component soldier's only. Does not apply to AGR Soldiers)</u>

To be filled out by AR / NG soldiers, and signed by appropriate authorities for approval in the AECP. Should be submitted 120 prior day's before Applicant "YOU" are supposed to start school.

AR Soldiers will submit a DD 368 through their chain of command both to board and again after the board if selected once they have received their unconditional letter of acceptance requesting Conditional Release to transfer to the Active Component. The DD 368 must be signed IAW the current OCAR Memorandum dated: 24 July 2008 Subject: ARMY Reserve Conditional Release Policy. This message provides instruction on how to process a conditional release for AR applicants to obtain a required discharge order from their current unit. All AR soldiers require a DD Form 368 signed or endorsed by their Battalion Commander in order for their application to be reviewed by the board.

A. Once boarded, USAR soldiers must have a DD Form 368 signed IAW current OCAR policy dated 24 July 2008 which states that for Soliders with more than 24 months in the Selected Reserves approval/disapproval authority rests with the Major Subordinate Command (MSC) who may delegate it to the first General Officer in the Soldiers chain of command. For Soldiers with less than 24 months in the selected Reserves the approval authority rests with HQ, USARC. Note this only applies to USAR Soldiers. All AR, ARNG and AGR soldiers will be brought back onto Active Duty status via MEPS processing. All AR, ARNG and AGR applicants will have a grade determination done by HQ, US ARMY Recruiting Command (USAREC) prior to MEPS processing. See example Appendix (C) Tab #7

Tab # 8

- a. <u>SECURITY CLEARANCE</u> If, you currently hold a Secret level security clearance, a letter from your G-2 security officer should be sent with your application for validation. It is your responsibility to have your Secret clearance initiated by your G-2 if you do not currently hold a Secret level clearance. You must submit a memo along with your AECP application stating the date this action was initiated along with a copy of the EPSQ or the validation report that it was accepted for submission. If it is determined that a Secret clearance cannot be obtained from the Investigation Service after acceptance to and participation in the AECP, the soldier will be removed from the program and reassigned based on the needs of the Army. The soldier will then be required to serve the incurred Active Duty Service Obligation (ADSO) under his/her enlisted status and MOS based on the amount of time spent in AECP.
- **b.** <u>MILPO ELIGIBILITY STATEMENT</u> This statement, signed by a MILPO official (OIC or NCOIC E-6 or above), verifies the applicant's eligibility to apply for participation in the AECP. It will be used to ensure that the soldier does not have any pending UCMJ action, bars to reenlistment, flagged records, etc. Commanders may verify the information that the MILPO cannot. It is the responsibility of the SOLDIER to ensure that this is sent to the AECP Manager. This statement will verify that:
 - 1. A local records check has been made and the above named applicant is administratively qualified for appointment as a Commissioned Officer in accordance with AR 135-100 and AR 135-101.
- **2.** The above named applicant does not have any pending or current UCMJ actions, bars to Re-enlistment or flagging actions.
- **3.** There is evidence of a security clearance of secret, based on a National Agency Check, which includes the date the clearance was granted or initiated.
- 4. The applicant is not on PCS orders or pending reassignment.
- **5.** The applicant who holds MOS 68WM6 is currently licensed to practice as an LPN / LVN. (**Attach certified true copy of state license**)
- 6. This application is not in contravention of AR 600-8-2.

c. COPY OF LAST PCS ORDERS

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Send the completed application to:

Commander, HQ USAREC ATTN: RCHS-AN-AECP 1307 Third Avenue Fort Knox, KY 40121-2726

- ❖ Place documents behind appropriate colored tabs numbered 1-8 as shown in example packet.
- ❖ Place application in a manila envelope for mailing. <u>DO NOT USE</u> document protectors or binders.
- DO NOT send incomplete packet, have all documents complete based on the application guidelines. (The only exception will be the DA 61 and letter of AECP processing initiation.)

 Packets will be returned without action (RWOA) if incomplete or Current FY Guidelines were not used. Unless previous coordination with AECP Manager has been made.
- If there are any errors you will be notified 1 time via e-mail with a list of required corrections a suspense date to complete the corrections.
- Each soldier submitting an application will receive an acknowledgment of receipt, and a request to furnish any additional documents or corrections if necessary. Notifications will be sent to AKO e-mail's only. "And may take up to a month due to the high load of packets arriving during that time"
- ❖ DO NOT contact the AECP manager once the board convenes to inquire about results.
- ❖ An Official MILPER Message will be generated to announce the board results. The message will be published only after Human Resource Command (HRC) has officially released the selectee's and alternates for participation in the program. This process can take up to 90 days. All applicants are encouraged to maintain their eligibility status throughout this period and actively work to obtain an unconditional letter of acceptance.
- Applicants will incur an ADSO of 4 years for the first 24 months or portion thereof. SOLDIER's may be required to reimburse the United States government for cost of advanced education for taking part in a fully funded long term civilian training program if they fail to complete the appropriate ADSO as set forth in AR 351-3. The reimbursement amount will be determined under the following formula:

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Amount to be reimbursed = Cost of advanced education x unserved portion of ADSO

Total fully funded long-term civilian training program ADO

Appointment as a Regular ARMY officer in the Army Nurse Corps incurs a <u>4-year ADSO</u>. Once you have completed the <u>AMEDD Officer Basic Leader's Course</u> and arrive at your permanent duty station, send a request through your local military personnel office to merge your enlisted records with your commissioned record.

Applicable References:

AR 40-501 – Standards of Medical Fitness

AR 135-100 - Appointment of Commissioned and Warrant Officers of the ARMY

AR 600-9 – The ARMY Weight Control Program

AR 351-3 - Professional Education and Training Programs of the ARMY Medical Department

AR 600-8-2 – Suspension of Favorable Personnel Actions (FLAGS)

AR 621-1 – Training of Military Personnel at Civilian Institutions

UR 601-37 – ARMY Medical Recruiting Program

You can find these publications at: http://www.usapa.army.mil/

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Contact Information:

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SFC, USA
AECP Program Manager
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DSN 573-0381
Cell 800-640-9742
Fax 502-626-0952
AECP@usarec.army.mil
HQ USAREC,
ATTN:RCHS-AN-AECP
1307 3RD AVE
FORT KNOX, KY 40121-2726

To learn more about the AMEDD Enlisted Commissioning Program log on to www.usarec.army.mil/aecp.

National League for Nursing Accrediting Commission (NLNAC) http://www.nlnac.org/home.htm

The Commission on Collegiate Nursing Education (CCNE) http://www.aacn.nche.edu/accreditation/

SAT

http://www.collegeboard.com/student/testing/sat/about.html

ARMY Nurse Corps http://armynursecorps.amedd.army.mil/

If applicable: apply for citizenship ARMY STRONG Apply for or validate Security Clearance USAR / NG soldiers Initiate DD form 368 Board Application submitted NLT 1 Feb Prepare application Packet for AECP Chapter #2 physical IAW AB40-501 AECP Board Apply to schools Start school Applicant Notification Order transcripts Submit post board Documents "Unconditional Letter" acket initiation (Email) And DA 61 Sent to Program Manager Receive PCS orders ¥6.

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Appendix A

DA Form 61 (Example)

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1) If you answere	ed yes on question #	26 please follow of	directions and provide	court documents for all	offense's.			
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2) You must use o	ligital signature with	h this form						
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42. THE INFORMA	ATION CONTAINED HER	REIN IS TRUE	-	DIOWN ONE OF AFFEICAR	4 1			
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SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix B UF 1276 Pre-Board Application Checklist

	PRE-BOARD (For use of the	APPLICA nis form see U	TION CHECKLIST SAREC Reg 601-37)		
NAME:		RANK:	SSN:	MOS:	
AGE:	(Last, first, MI) : SEX: E-MAIL ADDRESS:				
	RK TELEPHONE:				•••
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TAB 1.	1. Record of Medical Examination, Health History, and V	<u>Vaivers</u>			
	Commissioning physical examination (DD Form 2807-1 ar	nd DD Form 28	808), AR 40-501, chapter	2	
	Request for waiver worksheet Affidavits (if applicable)				
	Other supporting documentation				
TAB 2.	2. Letter of Purpose and Intent				
	Letter of purpose and intent				
	To include school choices (in order of preference)				
	Breakdown on how you will complete prerequisite courses	(where and w	hen will they be complete	ed)	
TAB 3.	3. Professional Evaluations and Recommendations				
-	USAREC Forms 195 or letters of recommendation				
	Applicant's commander				
	Applicant's immediate supervisor				
	Chief nurse (68 Series MOS)				
	Others not to exceed two				
TAB 4.	4. Education Documents				
	One set of official transcripts from all schools attended				
	Academic worksheet (USAREC Form 1235 with calculation	ons)			
TAB 5.	5. <u>Personnel Service Records</u>				
	AKO documents				
	Sergeants and above, last three NCOERs				
	Last three DA Forms 1059 from all schools				
	Any professional certifications or licensures				
TAB 6.	6. Enlisted Records Brief				
	Certified copy of Enlisted Records Brief (ERB) (S-1 can ce	ertify)			
TAB 7.	7. Statements of Vacancy and Understanding				
	DA Form 4187 (signed by battalion commander)				
	DD Form 368 (for all AGR, USAR, and NG Soldiers)				
TAB 8.	8. <u>Verification of Eligibility</u>				
·	Verification of security clearance				
*****	MILPO eligibility statement				
	Copy of last PCS orders				
		(Completed By: Signature		
			Verified By: Signature		

SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix C Tab 1 DA 61, Physical Exam and waiver requests

REPORT OF MEDICAL HISTORY

(This information is for official and medically confidential use only and will not be released to unauthorized persons.)

OMB No. 0704-0413 OMB approval expires Mar 31, 2010

The public reporting burden for this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing the burden, to the Department of Defense, Executive Services Directorate (0704-0413). Respondents should be aware that notwithstanding any other provision of law, no person shall be subject to any penalty for failing to comply with a collection of information if it does not display a currently valid OMB control number.

PLEASE DO NOT RETURN YOUR FORM TO THE ABOVE ORGANIZATION. RETURN COMPLETED FORM AS INDICATED ON PAGE 2.

PRIVACY ACT STATEMENT

AUTHORITY: 10 USC 504, 505, 507, 532, 978, 1201, 1202, and 4346; and E.O. 9397 (SSAN).

PRINCIPAL PURPOSE(S): To obtain medical data for determination of medical fitness for enlistment, induction, appointment and retention for applicants and members of the Armed Forces. The information will also be used for medical boards and separation of Service members from the Armed Forces. ROUTINE USE(S): None.

DISCLOSURE: Voluntary; however, failure by an applicant to provide the information may result in delay or possible rejection of the individual's application to enter the Armed Forces. For an Armed Forces member, failure to provide the information may result in the individual being placed in a non-deployable status.

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1. LAST NAME	, FIRST NAME	, MIDDLE NAME (SL	FFIX)		2.	SOCIAL SECURITY NUMBER	3. TODAY'S DATE (YYYY	'MMDD)	********
4.a. HOME ADD	DRESS (Street,	Apartment No., City,	State, ar	nd ZIP Code)	5.	EXAMINING LOCATION AND ADDRES	S (Include ZIP Code)		
b. HOME TELI	EPHONE (Inclu	de Area Code)		·					
X ALL APPLI	CABLE BOXE	S.					7.a. POSITION (Title, Grac	le, Compone	ent)
6.a. SERVICE		b. COMPONENT	c.	PURPOSE OF EX	AM	INATION	1	•	,
Army	Coast Guard	Active Duty		Enlistment		Medical Board Other (Specify)			
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Marine Co	rps	National Gu	ard ———	Retention	H	U.S. Service Academy	- S. GOOGLE GOOGLE ATTOM	•	
Air Force	•			Separation		ROTC Scholarship Program			
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		NO". Every item	******	d "YES" must b YES NO	e fi	Illy explained in Item 29 on Page 2.		\.\.\.\.\.\.\.\.\.\.\.\.\.\.\.\.\.\.\.	N.
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k. Hay fever				ŏŏ		b. Stomach, liver, intestinal trouble, o	ar introdu	Ö	Ö
I. Chronic or	frequent colds	en ning grand ay digayah ay ka	A1100-1201-0-1-1-1	0 0		c. Gall bladder trouble or gallstones		Õ	0
11.a. Severe to	oth or gum troul	ile		0.0		d. Jaundice or hepatitis (liver disease		ŏ	Ö
b. Thyroid tro	ouble or goiter	The east states have to go in the state	ryama at karkhari	0 0		e. Rupture/hernia	Sentition in the second production of the content o	0	0
c. Eye disord	ler or trouble			00		f. Rectal disease, hemorrholds or blo	ood from the rectum	ŏ	ŏ
d. Ear, nose,	or throat troub	e		00	10.15 10.15 10.15	g. Skin diseases (e.g. acne, eczema,	psoriasis, etc.)	Õ	Õ
e. Loss of vis	sion in either ey	a		00		h. Frequent or painful urination		ŏ	ŏ
f. Worn cont	lact lenses or gl	asses		0 0		i. High or low blood sugar	y leer ty egenteer elegat in ly tagainth auntahnacht. T	Ô	Ö
g. A hearing	loss or wear a l	iearing ald		00		j. Kidney stone or blood in urine		ŏ	ŏ
h. Surgery to	correct vision (RK, PRK, LASIK, etc	.)	0 0		k. Sugar or protein in urine	The self-realized States with the Little Company of the States of	0	Õ
12.a. Painful shi	bulder, elbow o	wrist (e.g. pain, disk	cation, e			Sexually transmitted disease (syphilis, go worts, herpes, etc.).	norrhea, chlamydia, genital	Ŏ	ŏ
b. Arthritis, rl	neumatism, or b	ursitis		0 0		14.a. Adverse reaction to serum, food, in		0	ŏ
c. Recurrent	back pain or an	y back problem		ŏŏ		b. Recent unexplained gain or loss of		ŏ	ŏ
d. Numbness	in the unit of the first first regions.	e a un russa a en el el reche e agricações		ŏ ŏ		c. Currently in good health (If no. exp	error el Tropa torre la propia and tradical de la color el color	0	Ö
e. Loss of fin	ger or toe			ŌŌ		d. Tumor, growth, cyst, or cancer		ŏ	ŏ

Mark each item "YES" or "NO". Every item marked "YES" m		<u> </u>	yе	xpla	ined in Item 29 below.		
IAVE YOU EVER HAD OR DO YOU NOW HAVE:		NO				YES	N
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c. A head injury, memory loss or amnesia	0	\circ		100	Sensitivity to chemicals, dust, sunlight, etc.	0:	(
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e Seizures, convulsions, epilepsy or fits	O	O			c. Inability to stand, sit, kneel, lie down, etc.	0:	. (
f. Car, train, sea, or air sickness	O	0		ļ.,	d. Other medical reasons (If yes, give reasons.)	<u> </u>	(
g. A period of unconsciousness or concussion	Ó	O		20.	Have you ever been treated in an Emergency Room? (If yes, for what?)	Ο	1
h. Meningitis, encephalitis, or other neurological problems	<u> </u>	<u> </u>		22.22	(II yes, III widi)		
6.a. Rheumatic fever	0	0		21.	Have you ever been a patient in any type of hospital? (If yes,		
b. Prolonged bleeding (as after an injury or tooth extraction, etc.)	0	0			specify when, where, why, and name of doctor and complete address of hospital.)	O	(
c. Pain or pressure in the chest	Ó	O		ļ	and out of the state of the sta		
d. Palpitation, pounding heart or abnormal heartbeat	O	0		22.	Have you ever had, or have you been advised to have any		
e. Heart trouble or murmur	0	O			operations or surgery? (If yes, describe and give age at which occurred.)	O	1
f. High or low blood pressure	$\stackrel{\circ}{\sim}$	0					
7.a. Nervous trouble of any sort (anxiety or panic attacks)	Ö	0		23.	Have you ever had any illness or injury other than those	0	(
Habitual stammering or stuttering	O	O.			already noted? (If yes, specify when, where, and give details.)	~	
c. Loss of memory or amnesia, or neurological symptoms	O	0		24.	Have you consulted or been treated by clinics, physicians, healers, or other practitioners within the past 5 years for		
d. Frequent trouble sleeping	O	0			other than minor illnesses? (II yes, give complete address	О	1
e. Received counseling of any type	O	0			of doctor, hospital, clinic, and details.)		
Depression or excessive worry	O	. O		25	Have you ever been rejected for military service for any		
g. Been evaluated or treated for a mental condition	O	O		֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓֓	reason? (If yes, give date and reason for rejection.)	0	(
h. Attempted suicide	0	0		L			
i. Used illegal drugs or abused prescription drugs.	0	0		26.	Have you ever been discharged from military service for any		
8. FEMALES ONLY. Have you ever had or do you now have:	00.040 -				reason? (If yes, give date, reason, and type of discharge, whether honorable, other than honorable, for unfitness or	0	(
Treatment for a gynecological (female) disorder.	· O	0			unsui(ability.)		
b. A change of menstrual pattern	0	0		27.	Have you ever received, is there pending, or have you ever		
c. Any abnormal PAP smears	0	Ο			applied for pension or compensation for any disability or injury? (If yes, specify what kind, granted by whom,	\circ	(
d. First day of last menstrual period (YYYYMMDD)		t. set t		<u></u>	and what amount, when, why.)		
 e. Date of last PAP smear (YYYYMMDD). 9. EXPLANATION OF "YES" ANSWER(S) (Describe answer(s), give describe answer(s). 					Have you ever been denied life insurance?	0	(

LAST NAME, FIRST NAME, MIDDLE NAME (SUFFIX)	SOCIAL SECURITY NUMBER
30. EXAMINER'S SUMMARY AND ELABORATION OF ALL PERTIT questions 10 - 29. Physician/practitioner may develop by intervie significant findings here.)	NENT DATA (Physician/practitioner shall comment on all positive answers in we any additional medical history deemed important, and record any
a. COMMENTS	
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h TYPEN OR DRINTER NAME OF EVANINER (1 and Final Address of the	- CICNATUDE
b. TYPED OR PRINTED NAME OF EXAMINER (Last. First, Middle Initial)	c. SIGNATURE d. DATE SIGNED (YYYYMMDD)
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14.a. RATIN	G OR	SPECIAL	TY (Av	iators Only)		b. TOTA	AL FLYI	NG TIN	IE.	***************************************			c. LAST SI	х молтнѕ	-	
15.a. SERVI	CE	Coast Guard	ь. сс	OMPONENT Active Duty		c. PUR	POSE O	F EXA	٦.	FION dical E	Board	Other		F EXAMININ ZIP Code)	G LOCATION, AND ADDRESS	
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DEPARTMENT OF THE ARMY YOUR UNIT INFO

DDMMYYY

MEMORANDUM FOR Commander, USAREC 1307 Third Ave, Fort Knox, KY 40121-2726

SUBJECT: AMEDD Enlisted Commissioning Program (AECP) request for waiver for SSG Public, John Q., 123-45-6789.

- 1. In accordance with AR 40-501 and the AMEDD Enlisted Commissioning Program Guidelines, I request a waiver for (type of Medical Condition). Explain the details of the injury, disorder or condition. Please consider this waiver so that I may be considered to attend the AMEDD Enlisted Commissioning Program.
- 3. I can be reached at the following address: 1010 Meadow Road, Anywhereville, ND 45678, DSN 123-4567, commercial 123-456-7890, or email at john.q.public@us.army.mil

John Q. Public SSG, USA Medical Supply Technician

151 O

DEPARTMENT OF THE ARMY YOUR UNIT INFO

DDMMYYY

MEMORANDUM FOR Commander, USAREC 1307 Third Ave, Fort Knox, KY 40121-2726

SUBJECT: AMEDD Enlisted Commissioning Program (AECP) request for waiver for SSG Public, John Q., 123-45-6789.

- 1. In accordance with AR 135-100, AR 135-101 and the AMEDD Enlisted Commissioning Program Guidelines, I request a waiver for (conviction). Explain in detail the incident, when, who, where, etc. Also, name and location of police agency involved, court name and location. State amount of fine, probation and/or confinement). Please consider this waiver so that I may be considered to attend the AMEDD Enlisted Commissioning Program.
- 2. I can be reached at the following address: 1010 Meadow Road, Anywhereville, ND 45678, DSN 123-4567, commercial 123-456-7890, or email at john.q.public@us.army.mil

John Q. Public SSG, USA Medical Supply Technician

*Note you will also need to provide all court and police records related to the incident(s). If the records are not available then you will need to do a sworn notarized statement stating as such.

DEPARTMENT OF THE ARMY YOUR UNIT INFO

DDMMYYY

MEMORANDUM FOR Commander, USAREC 1307 Third Ave, Fort Knox, KY 40121-2726

SUBJECT: AMEDD Enlisted Commissioning Program (AECP) request for waiver for SSG Public, John Q., 123-45-6789.

- 1. In accordance with AR 135-100, AR 135-101 and the AMEDD Enlisted Commissioning Program Guidelines, I request a waiver for Age in Grade. I will be (age) at time of (insert AECP board date to which applying). Please consider this waiver so that I may be considered to attend the AMEDD Enlisted Commissioning Program. My Basic Active Service Date (BASD) is (date).
- 2. I can be reached at the following address: 1010 Meadow Road, Anywhereville, ND 45678, DSN 123-4567, commercial 123-456-7890, or email at john.q.public@us.army.mil

John Q. Public SSG, USA Medical Supply Technician

DEPARTMENT OF THE ARMY YOUR UNIT INFO

DDMMYYY

MEMORANDUM FOR Commander, USAREC 1307 Third Ave, Fort Knox, KY 40121-2726

SUBJECT: AMEDD Enlisted Commissioning Program (AECP) request for waiver for SSG Public, John Q., 123-45-6789.

- 1. In accordance with AR 135-100, AR 135-101 and the AMEDD Enlisted Commissioning Program Guidelines, I request a waiver for Time in Service. I will have ___ years of Active Federal Service effective (date). Please consider this waiver so that I may be considered to attend the AMEDD Enlisted Commissioning Program. My Basic Active Service Date (BASD) is (date).
- 2. I can be reached at the following address: 1010 Meadow Road, Anywhereville, ND 45678, DSN 123-4567, commercial 123-456-7890, or email at john.q.public@us.army.mil

John Q. Public SSG, USA Medical Supply Technician

SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix C Tab 2 Letter of Intent

SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix C Tab 3 UF 195's

APPLICANT EVALUATION WORKSHEET (For use of this form see USAREC Reg 601-37) NAME OF APPLICANT: SSN: The above named individual is applying for a position in the Army Medical Department, and has given us your name as a reference. Please complete this reference form and return in the envelope provided. 2. Date began employment in this specialty (mmyy)? 3. Is this applicant (check one) _____ private practice/self-employed _____ employed full-time part-time or ______ stipend employee? If part-time or stipend, please provide the average hours worked per week: 4. a. If the applicant is a nurse, describe the size/type of health care facility: b. Describe the applicant's current work environment. If a student/resident describe course and clinical setting: 5. Select only one: (mmyy) (mmyy) I evaluate/have evaluated this applicant. From _____ To: ____ I am/have been a peer/coworker of this applicant. From _____ To: ____ I am/have been an instructor/preceptor for this applicant. From _____ To: ____ I know/have known this applicant. Specify in what capacity you have known From _____ To: ____ 6. Would the applicant make a good Army Officer? Overall impression of the applicant: 7. Would you hire/rehire/work with this applicant? _____ Yes ____ No lf no, please explain:

ATTRIBUTE				sc	ORE				REMARKS
	Lov	vest				Н	ighest		HEWMANG
Adaptability/Resourcefulness	1	2	3	4	5	6	7	N,A	The second secon
Clinical Judgment	1	2	3	4	5	6	7	N,A	
Clinical Knowledge	1	2	3	4	5	6	7	NΑ	
Clinical Skills	1	2	3	4	5	6	7	N.A	
Honesty/Integrity	1	2	3	4	5	6	7	N.A	Property of the state of the st
Initiative	1	2	3	4	5	6	7	ΑļΑ	
Interaction with Goworkers	1	2	3	4	5	6	7	NA	
Leadership Ability/Potential	1	2	3	4	5	6	7	NA	
Managerial Ability/Potential	1	2	3	4	5	6	7	NΑ	
Manner in Accepting Criticism	1	2	3	4	5	6	7	NA	
Professional Appearance	1	2	3	4	5	6	7	NΑ	
Professional Demeanor	1	2	3	4	5	5	7	N.A	
Reliability	1	2	3	4	5	6	7	NA	
Stability Under Pressure	1	2	3	4	5	6	7	NA	
Stamina (Mental and Physical)	1	2	3	4	5	6	7	NΑ	
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For Dieletic Internship Students use (A	DA) American	Dietet	lic Ass	ociation	Reco	nmend	ation F	orm.	
). Additional Comments/Remarks:									
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Signature: Position/Title/Specialty:									

SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix C Tab 4 Transcripts, UF 1235 and SAT scores

AMEDD ACADEMIC PROGRAM WORKSHEET

(For use of this form see USAREC Reg 601-37)

PRIVACY ACT STATEMENT

AUTHORITY: 10 USC 3013; 10 USC 4301; Executive Order 9397.

PRINCIPAL PURPOSE: Required to document the educational requirements of the AMEDD Academic Program.

ROUTINE USES: Used by selection board in considering applicants on a competitive basis and selecting those considered best qualified. SSN required for identification for record purposes and for contact purposes.

MANDATORY OR VOLUNTARY DISCLOSURE: Disclosure of personal information is voluntary. However, failure to provide the requested information may result in nonconsideration.

information may result in nonconsideration.			
1. NAME (Last, first, MI)	2. SSN	3. MC	OS or AOC
4. OTHER NAMES LISTED ON TRANSCRIPTS		5. DA	TE COMPLETED
SECTION I - List all colleges and universities attended You must have an official transcript from each ins	and the dates of attendance (satinution forwarded to USAREC	emester and year, e.g., prior to application dea	Fall 1996). dline.
6. COLLEGE OR UNIVERSITY AND LOCATION	7. DATES OF ATTENDANCE	8. TOTAL NUMBER OF CREDITS	9. DEGREE GRANTED
	WHITE EFFANCE CONTAINED AND AND AND AND AND AND AND AND AND AN		
SECTION II - List a	ıll course work currently in prog	ress.	
10. COLLEGE OR UNIVERSITY AND LOCATION	11. COURSE IN P	ROGRESS	12. ANTICIPATED DATE OF COMPLETION
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SECTION III - List all courses attempted List the ser	, including those failed, under the mester hours of each course.	ne appropriate heading.	

Quarter hours should be converted to semester hours according to the following scale:

Quarter Hours	Semester Hours	Quarter Hours	Semester Hours
1	.7	6	4.0
2	1.3	7	4.7
3	2.0	8	5.3
4	2.7	9	6.0
5	3.3		

Technical courses such as typing, welding, and courses taken for certification (Emergency Medical Technician or Licensed Practical Nursing) are not accepted. Do not list these courses. List additional courses in the Remarks section if more space is required.

VARIANTEENIN TOI TEENIN TOI	NAME OF THE OWNER OWNER OF THE OWNER	Part A	A - English and Literature		
13. COURSE TITLE	14. SEM HRS	15. GRADE	16. COLLEGE	17. DATE COMPLETED (Semester and Year)	18. USAREC USE ONLY
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SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix C

Tab 5 NCOER's, DA 1059's, Awards, DD 214/NGB 22

SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix C

Tab 6 ERB, DA Photo, CV and APFT Card

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DA FORM 705, JUNE 1999

DA FORM 705, JUN 1998, MAY BE USED

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TAB

BODY FAT CONTENT WORKSHEET (Male)For use of this form, see AR 600-9; the proponent agency is DCS, G-1.

NAME (Last, First, Middle Initial)	SSN	F	ANK	NOTE:
				1/4" =.25
HEIGHT (to nearest 0.50 inch)	WEIGHT (to nea	rest pound) A	GE	1/2" =.50
	W			¾" =.75
STEP	FIRST	SECOND	THIRD	AVERAGE (to nearest 0.50 in.)
 Measure abdomen at the level of the navel (belly button.) Round down to the nearest 0.50 inch. (Repeat 3 times.) 				
 Measure neck just below level of larynx (Adam's apple.) Round up to the nearest 0.50 inch. (Repeat 3 times.) 				
Enter the average abdominal circumference.				
Enter the average neck circumference.				
5. Enter circumference value (step 3 - step 4).				
6. Find the height in Table 3-1 (Height Factor). Enter heigh	ght in inches.			
Find the Soldier's circumference value (step 5) and heigenfer the percent body fat value that intercepts with the Body Fat.	ght <i>(step 6)</i> in figure circumference value	B-5 <i>(Percent Fat Estin</i> and height. This is S	nation for Men). Soldier's Percent	
REMARKS				

Individual	is in complian	ce with Arm	y Standards;	is not in compliance with the standards.		
Recomme	nded monthly	weight loss	is 3-8 lbs.			
PREPARED BY	(Signature)	RANK	DATE (YYYYMMDD)	APPROVED BY SUPERVISOR (Printed Name and Signature)	RANK	DATE (YYYYMMDD)

BODY FAT CONTENT WORKSHEET (Female)

For use of this form, see AR 600-9; the proponent agency is DCS, G-1.

NAME (Last, First, Middle Initial)	SSN	, , , , , , , , , , , , , , , , , , , ,	RANK	NOTE: ¼ " = .25
HEIGHT (to nearest 0.50 inch)	WEIGHT (to nearest	pound)	AGE	½ = .50 ¾ = .75
STEP	FIRST	SECOND	THIRD	AVERAGE (to nearest 0.50 in.)
 Measure neck just below level of larynx (Adam's apple) up to nearest 0.50 inch. Repeat three times, then average. 			m was	TO FIGURE C. SO W.)
 Measure waist (abdomen) at the point of minimal abdominal circumference. Round down to nearest .50 inch. Repeat three times, then average. 				
 Measure hips at point where the gluteus muscles (buttocks) protrude backward the most. Round down to nearest 0.50 inch. Repeat three times, then average. 				
CALCULATIONS A. Enter average waist circumference		REMARKS		
B. Enter average hip circumference				
C. TOTAL (4A + 4B)				
D. Enter average neck circumference				
E. Enter circumference value (4C - 4D)				
F. Find the height in Table 3-1 (Height Factor). Enter height in inches.				
G. Find the Soldier's circumference value (line 4E) and height (line 4F) in Figure B-6 (Percent Fat Estimation for Women). Enter the body fat value that intercepts with the circumference value and height. This is the Soldier's Percent Body Fat.				
CHECK ONEIndividual is in compliance with Army standards; is notRecommended monthly weight loss is 3-8 lbs.	in compliance with the	e standards.	PTANISA di Cara	AND THE PROPERTY OF THE PROPER
PREPARED BY (Signature) RANK DATE (YYYYMI		BY SUPERVISOR rie and Signature)	RANK	DATE (YYYYMMDD)

SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix C

Tab 7 DA 4187, DD 368 (USAR and ARNG)

Copy 1		Circle the appropriate copy designator Copy 2 Copy 3			Copy 4					
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	For use of this form	n, see AR 6	600-8-6 and DA PAM 6		ent age	ency is Ot	DCSPER			
		DATA F	REQUIRED BY THE PR	IIVACY ACT OF 197	74	onestato cuma trada de compe te				
AUTHORITY:										
PRINCIPAL PURPOSE:	Used by soldier in accordance with DA PAM 600-8-21 when requesting a personnel action on his/her own behalf (Section III).									
ROUTINE USES:	To initiate the processing of a personnel action being requested by the soldier.									
DISCLOSURE:	Voluntary. Failure to personnel action.	provide so	cial security number m	ay result in a delay o	r error	in proces	sing of the request for			
1. THRU (Include ZIP Code)		2. TO (Include ZIP Code)			3. FROM (Include ZIP Code)					
The state of the s	William Wallacom Control William Wallacom Cont	ec	CTIONI DEDCOMAL	DENTIFICATION	(CASACOMORINA)					
4. NAME (Last, First, N	11)	95(5. GRADE OR RANK/PMOS/AOC				6. SOCIAL SECURITY NUMBER			
NEW STORY AND		APATION			····					
		SECTION	II - DUTY STATUS CH	ANGE (AR 600-8-6))					
7. The above soldier's du	tv status is changed fro	om								
· · · · · ·	-,						to			
			effective	ho	ours,					
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	S	ECTION III	I - REQUEST FOR PE	RSONNEL ACTION		erichter von meteorier von der er				
8. I request the following a										
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ROTC or Reserve Co		1	the-Job Training (Enl o			Identific	ation Tags			
Volunteering For Oversea Service		Retesting in Army Personnel Tests			Separate Rations					
Ranger Training Reassignment Extren	on Earnily Dyahlawa	Reassignment Married Army Couples			4		Excess/Advance/Outside CONUS			
Exchange Reassignm		 	classification				of Name/SSN/DOB			
Airborne Training	tent (Eth Othy)		cer Candidate School		X	Other (Specify)			
9. SIGNATURE OF SOLE	DIFR (When required)	Asgmt of Pers with Exceptional Family Member			10	AECP	ANA			
				10. DATE (YYYYMMDD)						
A CONTRACTOR OF THE CONTRACTOR	SECTION IV - REM	ARKS (Ap	oplies to Sections II, III,	and V) (Continue o	n sepa	irate she	at)			
Current Height Worksheet as well.	and Weightis	within star	ndard IAW AR 600-9.	Also list Body Fat	% if a _l	pplicable	and attach Body Fat Content			
2) APFT taken (date) P	ASS/FAIL									
3) Previous participation	in any commissioning	program(s) i.e. OCS/ROTC/IPA1	, etc. Yes or No. If	ves sta	ite circum	astances regarding non			
completion.	-				7		mane of togarding non			
	SE	CTION V -	- CERTIFICATION/API	PROVAL/DISAPPRO	OVAL					

11. I certify that the duty status change (Section II) or that the request for personnel action (Section III) contained herein HAS BEEN VERIFIED RECOMMEND APPROVAL RECOMMEND DISAPPROVAL IS APPROVED IS DISAPPROVED 12. COMMANDER/AUTHORIZED REPRESENTATIVE 13. SIGNATURE 14. DATE (YYYYMMDD)

REQUEST FOR CONDITIONAL RELEASE (Read Privacy Act Statement and Instructions on back before completing this form.) **SECTION I - REQUEST FOR RELEASE** 1. SERVICE MEMBER DATA a. NAME (Last, First, Middle Initial) b. PAY GRADE c. SSN d. SERVICE COMPONENT e. CURRENT UNIT/ f. ADDRESS COMMAND (1) STREET (2) CITY (3) STATE (4) ZIP CODE 2. RECRUITING OFFICE ADDRESS a. STREET b. CITY c. STATE d. ZIP CODE 3. ACKNOWLEDGEMENT OF SERVICE MEMBER a. I request a conditional release to process for entrance into another component of the Military Service. If I am a member of the National Guard or Reserve, I understand that I must attend all scheduled training until such time as I am enlisted or appointed into another Service. I also understand that I am to keep my current commander informed of any change in my status. b. OFFICER MEMBER ONLY. I hereby tender my resignation from the (losing component); request that it be accepted contingent upon actual appointment or enlistment in the (gaining component), and be effective the day preceding the date of my acceptance of appointment or enlistment. c. ENLISTED MEMBER ONLY. I understand I will be discharged from my current status effective the day preceding the date of my enlistment or appointment. d. MEMBER SIGNATURE e. DATE SIGNED 4. RECRUITER REQUEST FOR CONDITIONAL RELEASE a. Request conditional release to enlist/appoint member into the (Service/Component). b. NAME OF RECRUITER (Last, First, Middle Initial) c. SIGNATURE d. DATE SIGNED e. TITLE SECTION II - APPROVAL/DISAPPROVAL 5. (X as applicable) a. APPROVED. Individual is recommended and conditional release is granted. The release is valid until b. DISAPPROVED. Release is not granted. (Explain in "Remarks.") 6. AUTHORIZING OFFICIAL a. NAME (Last, First, Middle Initial) b. TITLE c. TELEPHONE NUMBER d. ADDRESS (Include area code) (1) STREET (2) CITY (3) STATE (4) ZIP CODE e. SIGNATURE f. DATE SIGNED See OCAR Memorandum dated: 24 July 2008 Subject: Army Reserve Conditional Release Policy SECTION III - NOTIFICATION OF ENLISTMENT/APPOINTMENT ACTION 7. The member was administered the oath of enlistment or appointment into THIS FORM AND A COPY OF THE OATH MUST BE RETURNED TO THE ADDRESS IN ITEM 6.d. TO EFFECT THE MEMBER'S DISCHARGE OR WITHDRAWAL OF FEDERAL RECOGNITION. 8. CERTIFYING OFFICIAL a. NAME (Last, First, Middle Initial) b. TITLE c. UNIT/COMMAND d. TELEPHONE NUMBER e. ADDRESS (Include area code) (1) STREET (2) CITY (3) STATE (4) ZIP CODE f. SIGNATURE g. DATE SIGNED

SECTION IV - REMARK	KS
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	PRIVACY ACT STATEMENT
AUTHORITY:	Title 10 USC Sec 261, 269, 271, 512, 516, 595, 651, 716, 1005, 3013, 8013, 12105, 12106, 12107, and 12213; Title 32 USC Sec 323 and Title 50 USC App 454.
PRINCIPAL PURPOSE	E(S): To obtain clearance from one component and discharge upon entry into another component of the Military Services.
ROUTINE USE(S):	None.
DISCLOSURE:	Voluntary; however, failure to furnish information will result in delay or denial of release from current component.
	INSTRUCTIONS
GENERAL INSTRUCTI	IONS.
	ot computer generated, use typewriter or dark ink for all entries. Enter all dates in YYMMDD format. Use full street address, a for addresses. Use last name, first name, and middle initial format. Use short title Service/Component names: USA, I, USNR, USMC, USMCR, USAF, ANGUS, USAFR, USCG, USCGR.
SECTION I. Completed	d by recruiter and applicant.

- Item 1. Enter applicant's name, pay grade, Social Security Number, current Service/Component, and current unit/command address.
- Item 2. Enter recruiter's office address, if applicable.
- Item 3. For item 3.b., complete the name of the gaining and losing components. Member signs and dates appropriate blocks.
- Item 4. Recruiter, if applicable, completes 4.a. through 4.e. and sends this document to the adddress in Item 1.e.

SECTION II. Completed by applicant's unit commander or designated representative within 30 days of receipt.

- Item 5. If block 5.a. is marked, enter the ending date of this conditional release. If block 5.b. is marked, indicate in Section IV, "Remarks," the reason for disapproval and return to the originator not later than the expiration date in Item 5.a.
- Item 6. Enter name, litle, signature and date for authorizing official. Indicate in Items 6.c. and d. the address and telephone number for returning completed Section III. Send completed Section II to the address in Item 2.

SECTION III. Completed by enlisting/appointing official within 10 days of enlistment or appointment.

- Item 7. Indicate service to which applicant was enlisted/appointed.
- Item 8. Completed by individual certifying enlistment/appointment action. Certifying official ensures a copy of the completed DD Form 368 and a copy of the oath are mailed to the address in Item 6.d.

SECTION IV - REMARKS.

Use as necessary. Reference each item on the form to which the remark pertains. (For example: "Item 5.b. Disapproved for the following reason:")



DEPARTMENT OF THE ARMY OFFICE OF THE CHIEF, ARMY RESERVE 2400 ARMY PENTAGON WASHINGTON, DC 20310-2400



DAAR-HR

24 Hely 2008

MEMORANDUM FOR

Commanders, USAR Major Subordinate Commands
Commander, 9th Regional Readiness Command, 1557 Pass Street, Fort Shafter
Flats, HI 96819-2135.
Commander, 7th ARCOM, Unit 29238, APO AE 09102

SUBJECT: Army Reserve Conditional Release Policy

1. References:

- a. Memorandum HQ USARC, AFRC-PRP-E, 20 Jul 04, subject: Revised Conditional Release Policy (DD Form 368).
- b. Memorandum, OCAR, DAAR-HR, 1 Nov 06, subject: Renewal of the Army Reserve Conditional Release Policy (DD Form 368).
- c. USARC OPORD 07:118, 181200ZJUL07, Addendum To The Conditional Release Policy (DD Form 368).
- d. Memorandum, HQDA, DAPE-MPE, 31 Aug 06, subject: Enlistment of Mobilized United States Army Reserve (USAR) or Army National Guard of the United States (ARGNUS) Soldiers into the Regular Army (Change 1) (enclosure 1).
- e Memorandum, HQDA, DAPE-MPE, undated, subject: Exception to Policy—Conditional Release Approval Authority for Army Reserve (AR) Troop Program Unit (TPU) Soldiers (enclosure 2).
- 2. Based on the current strength posture of the Army Reserve, effective immediately, references 1a, 1b, and 1c are rescinded. We can no longer sustain the previous fiberal conditional release policy; therefore, conditional release approval authority is restricted to the commands/agencies listed in paragraphs 3b(1) through 3b(5) and will not be further delegated without my written approval.
- 3. The procedures for processing Requests for Conditional Release (DD Form 368) to join the Active Army (AA). Army National Guard (ARNG), or other components of the armed forces as an enlisted Soldier or officer, are as follows:

SUBJECT: Aimy Reserve Conditional Release Policy

a. The request for conditional release will include a DD Form 368 and documentation substantiating that the reason is in the best interest of the Army Reserve. Unit commanders will endorse and provide their recommendation on the DD Form 368 and submit it through command channels to their respective USAR MSC for appropriate action.

b. Approval/Disapproval Authority:

- (1) Soldiers with less than 24 months in the Selected Reserve: Approval authority rests with HQ, USARC. Disapproval authority rests with the Major Subordinate Command (MSC) commander and may be delegated to the first general officer in the Soldier's chain of command. Only submit those requests for which the MSC recommends approval to the USARC DCS, G-1. ARRC-PRP-E for enlisted, or ARRC-PRP-O for officers, for final determination.
- (2) Soldiers with more than 24 months in the Selected Reserve. Approval/Disapproval authority rests with the MSC who may delegate it to the first general officer in the Soldier's chain of command.
- (3) Simultaneous Membership Program Cadets and officers who have not completed the Basic Officer Leadership Course, and Soldiers in Initial Entry Training (IET) status: Approval authority rests with HQ, USARC. Disapproval authority rests with the MSC and may be delegated to the first general officer in the Soldier's chain of command. Requests for approval will be forwarded through the appropriate Trainees, Transients, Holdees, and Students Account Manager, if applicable, to this Headquarters (ARRC-PRT-T) for final determination.
- (4) Soldiers assigned to units in the Ready and Available Years of the AREORGEN cycle are prohibited from voluntary enlistment or appointment in the AA. ARNG, or other military service. Exceptions to this provision may be granted by the approval authorities in paragraphs 3b(1) through 3b(3) above; however, only exceptionally meritorious cases should warrant recommendation.
- (5) Requests for transfer of Chaplains and AMEDD officers will be sent through command channels to this Headquarters (ARRC PRP O) for submission to HRC-STL; the Chief of Chaplains (AHRC-CH) and the Surgeon General (AHRC-SGA) respectively.

DAAR-HR

SUBJECT: Army Reserve Conditional Release Policy

- 4. In accordance with this new policy, you are encouraged to evaluate each request to ensure any favorable consideration is justified, and that your command's strength posture and unit readiness are not degraded.
- 5. I continue to support the HQDA policy and procedures for Army Reserve Soldiers mobilized UP of Title 10 US Code, Sections 12302 and 12304, and its inclusion of those serving on active duty for operational support UP Section 1230 Id, who desire to enlist in the AA, reference 1d.
- 6. For additional information, contact Mr. Tony Cavalier, HQ, USARC, Deputy Chief of Staff, G-1 Enlisted Personnel Management Branch, at (404) 464-8928 or tony cavalier@usar.army mil. or MSG Patricia Dixon, Officer Personnel Management Branch, at (404) 464-8889 or patricia dixon@usar.army.mil. or MAJ Claudia Velez-Rosado, Training Branch, at (404) 464-9299 or velezrosado@usar.army.mil.

2 Encls

JACK C. STULTZ // Lieutenant General, US Army Chief, Army Reserve

SUBJECT: ARMY Medical Department (AMEDD) Enlisted Commissioning Program (AECP) FY 11 Information and Application Guidelines

Appendix C

Tab 8
Security Clearance verification, MILPO eligibility statement, Copy of last PCS orders

(Unit Letterhead Stationary)

XXXX-XX

DDMMMYYYY

MEMORANDUM FOR Commander, US Army Recruiting Command, ATTN: RCHS-AN (AECP), 1307 Third Avenue, FT Knox, KY 40121-2726

SUBJECT: Verification of (Rank, Full Name, SSN's) Eligibility for the AMEDD Enlisted Commissioning Program (AECP)

- 1. A local records check has been made and the applicant is administratively qualified for appointment as an Army Nurse Corps officer in accordance with AR 135-100 and/or has prepared the necessary request(s) for waiver(s).
- 2. The applicant does not have any pending UCMJ action, bar to reenlistment, and is not flagged.
- 3. There is evidence of a SECRET level security clearance based on a National Agency Check, which includes the date the clearance was granted or initiated.
- 4. The applicant is not currently on assignment or pending reassignment.
- 5. This action is not in contravention of AR 600-8-2.

6. POC is	at	DSN	XXX-XXXX,	commercial
xxx-xxx-xxxx, or email: xxxx.xxxx@us.army.mi	l.			

GI JOE CPT, FA Commanding